



2012 Preseason Clinics

Pitching Clinic

There will be a pitching clinic Saturday, **February 18th** at the **Sycamore High School Field House**. We will be working with the high school softball coaches and players. This is an excellent opportunity to get your arms loosened up and learn some valuable skills to take home and begin practicing to get ready for the season.

6:00 – 7:30pm for 3rd – 4th graders

7:30 – 9:00pm for 5th – 8th graders

Please **bring** with you:

\$5 fee payable at the door

Your glove, tennis shoes, and water bottle.

An adult catcher (with a glove) to assist you during the clinic

Arrive 15 minutes early to get warmed up.

Champions are made in the off season!

Monday Night Open Gyms

There will be an open gym at **Southeast Elementary School** every **Monday** night from **7:00 – 8:00pm**. There will be areas to work on **pitching, throwing, and hitting**. Open gyms will **begin on Feb. 13 and run through Mar. 12**. Kindergarten through 8th grade is welcome and there is **no fee**. You will need to **bring your glove and gym shoes**.

There's nothing SOFT about it!

Thursday Night Open Gyms

There will be an open gym at **North Elementary School** every **Thursday** night from **6:30 – 7:30pm**. There will be areas to work on **pitching, throwing, and hitting**. Open gyms will **begin on Feb. 16 and run through Mar. 22**. Kindergarten through 8th grade is welcome and there is **no fee**. You will need to **bring your glove and gym shoes**.

Teammates last forever!

Parents are encouraged to attend clinics with their players.

Coaches are strongly encouraged to attend clinics.

Experienced coaches are needed to assist with the clinics.

Saturday Night Skill Building

Every **Saturday** night we will be having skill building clinics at the **Sycamore High School Field House** from **7:00 – 9:00pm**. There will be **age appropriate instruction** for all levels **Kindergarten through 8th grade**. Skill building nights will begin **February 25th** and run through **March 24th**. You will need to **bring your glove and gym shoes**. There is **no preregistration or fee** involved, just show up and be ready to have fun.

2/25 – General skills – 6 rotating stations – perfect for beginners and advanced players.

3/3 – Hitting concentration – everything from stance to home runs.

3/10 – General skills – 6 new rotating stations – designed for all ages and skill levels.

3/17 – Hitting concentration – even more hitting drills to perfect your swing.

3/24 – Throwing – proper throwing techniques are broken down and practiced.

Arrive 15 minutes early to warm up!

Parents & Coaches are welcome and encouraged to learn with their players.

Life is simple. Eat. Sleep. Play Softball!

5-6 and 7-8 Grade Player Evaluation Clinic

The player evaluation clinic will be **Saturday March 10th** from **1:00 – 4:00pm** at the **Sycamore High School Main Gym**. Coaches will be observing the players to evaluate skills for team placement. This is not a tryout and every player will be assigned a team regardless of skill level. **Bring your glove and gym shoes.**

5th – 6th graders are 1:00 – 2:30pm

7th – 8th graders are 2:30 – 4:00pm

If you are a 5th grader or a 7th grader you have to come.

If you are a 6th or 8th grader that did not play last year you have to come.

Arrive 15 minutes early to warm up.

Softball diamonds are a girl's best friend!

If you have any questions please contact any board member.

Thank you,
SGS Board

Kim Colness
815-895-3210

Tim Morey
815-758-5072

Brian Egerman
815-895-0020

Jody Jones
815-751-7178

Joe & Amy Munro
815-895-0331

Dave Comstock
815-751-1963

Michelle Fleetwood
815-895-5261

Eric Simmons
815-970-0110

Dave Torson
630-853-5040

Steve Dorfman
815-566-3066

Denise Keiner
630-479-8033

www.SGSBall.com